

JOJOBA HILLS COVID19 GUIDELINES

(Updated March 31, 2021)

The COVID19 Steering Committee will advise how to protect yourself and others from exposure to COVID. The committee comprises fellow Resort members from a variety of backgrounds, chaired by medical professionals; who are not your providers, rather advisors to the Board. We also advise you to consult COVID websites of the Centers for Disease Control, and Departments of Public Health of the State of California and Riverside County.

1. Public Health guidelines for everyone, even if vaccinated:
 - A. Continue to wash your hands often, wear a mask and social distance whenever you are out in public.
 - B. Asymptomatic carriers (infected but not sick) are the known major source of COVID spread.
 - C. If you have symptoms or are in doubt, contact your health care provider or public lab and get tested.
 - D. Get vaccinated when your turn comes, with the approved vaccine that is offered. If you are medically unable to get vaccinated, or choose not to, you are at higher risk and should take more precautions.
 - E. Make/update a plan now for who will take care of you when sick or incapacitated. Healthcare Advocate may include nearest relative or Next of Kin. Update Personal medical information (store in/on fridge) such as medications, allergies, Family Physician, Emergency Action/Do Not Resuscitate if that is your choice.
 - F. Contact your Physician for information on how to care for family with COVID19 at home.

2. You must Self-quarantine if you have symptoms of COVID
 - A. Stay home and away from others to prevent infecting them.
 - B. You may go outside (walking alone) but must wear a mask and stay at least 10 feet away from others. Tell others who stop to visit that you are in quarantine, and keep moving (less time, more distance=low risk)
 - C. Avoid common areas such as the pool, patios, dog park, pickleball and any area occupied by others.
 - D. Do not go to the mailroom. Ask a friend or neighbor to pick your mail up for you or call Nancy Hazelton at 859-492-1665 and she will arrange someone to bring your mail to you.
 - E. To use the laundry, sign up in advance for a time slot, but don't enter if another person is present. Wear a mask at all times. Wipe all touched surfaces with disinfectant when you finish. Wash hands thoroughly.
 - F. If you *think* (symptoms) or *know* (+ test) you have Covid19, call Nancy Hazelton 859-492-1665 or Breck Lebegue 210-414-8419 (Coronavirus Steering Committee medical members). They are not your provider nor can give medical advice; but will advise Board of Directors and General Manager so action can be taken to prevent the spread of the virus in the park. *Your information will otherwise be kept confidential.*

3. When must I self-quarantine? New arrivals & returning members may avoid quarantine with proof of full vaccination or negative COVID test in the past 3 days.
 - A. If you know or suspect you have been exposed to COVID19 within the past 10 days,
 - B. If you have had a positive Covid19 test in the last 10 days,
 - C. If you have been advised by a healthcare provider to quarantine in the last 10 days,
 - D. If you are a new member who cannot or chooses not to show proof of full vaccination or a negative test.

4. How long do I need to quarantine?
 - A. 10 days, *even if you do not have any symptoms,*
 - B. If you do have symptoms, we ask that you immediately consult a physician or lab. If you show proof of a negative test for COVID, no quarantine is required.

Check *Member's Only* web page (www.Jojobahills.com) for the latest park COVID guidance